



"Without confidence and love, there can be no true education. If you want to be loved, you must love yourselves, and make your children feel that you love them" St John Bosco

PRINCIPAL NEWS

Congratulations to Mary Pantalleresco, Jaylene Coppola, Herman Koppenwallner and Lacey Schulz on their appointment to the St John Bosco's School Board. We appreciate your willingness to contribute to the SJB community and we look forward to working with you all.

It was wonderful to see so many Grade 6 parents and children at the Wonder of Living Enrichment session night. Tonight the Grade 5 parents and children are asked to attend. It is being run by our own Sarah Notaro.

As it is time for all staff members to update their First Aid qualifications, we will be having a **school closure day on Friday 26th April**. This is a whole day course that is mandatory for school staff.

We apologise for the late notification of this date. If you require out of school hours care for this day, please email Sonya Coleman at Community OSHC Services at office@communityoshcservices.com.

Next Tuesday the school will have an emergency lockdown as part of our accountability standards. The children will be spoken to prior; however, if your child is anxious you may like to prepare them for this event. Please refrain from avoiding the situation by keeping children at home as this may end up being very important learning opportunity.

Congratulations to Noah Balta, a much loved former student who was selected to play for Richmond tonight in the AFL season opener. I hope Noah achieves great success in his chosen field and that when playing Essendon he plays extremely well in a losing side.

RE NEWS

This Friday Mass will be lead by 6TS at 11:30 am. They have focused on the theme of Compassion in this Lenten season. On Saturday 23rd March at 6pm we invite the Year 5 families to participate in our liturgy of the Eucharist. All parish families are welcome to attend.

Our Year 6 leaders enjoyed the opportunity to celebrate Mass at St Patrick's Cathedral on Friday for Catholic Education Week and then participated in a concert and activities at Treasury Gardens. They showed they are great leaders in our school by their participation and behaviour on the day. Here is a photo of our leaders with Archbishop Peter Comensoli.



IMPORTANT DATES 2019

Sat 23 Mar	Year 5 Family Mass 6pm
Tue 26 Mar	Reconciliation Family Night 7pm
Fri 29 Mar	Trivia Night 7pm
Mon 1 Apr	SJB Athletics Day
Tue 2 Apr	Cyber Safety Parent Information session
Thurs 4 Apr	School Photos
Fri 5 Apr	Last day Term 1, 1pm dismissal
Tues 23 Apr	First day Term 2
Thu 25 Apr	ANZAC Day
Fri 26 Apr	School closure Day – Staff In-service
Tue 21 May	Family Science Night
Wed 29/Thu 30 May	Reconciliation Year 3
Fri 28 June	Last day Term 2, 1pm dismissal
Mon 15 Jul	First day Term 3
Sat 27 Jul	First Eucharist 4SS, 6pm
Sat 3 Aug	First Eucharist 4AT, 6pm
Sat 14 Sept	Confirmation
Fri 20 Sept	Last Day Term 3, 1pm dismissal
Mon 7 Oct	First day Tem 4
Tue 17 Dec	Last day 2019, 12.30pm dismissal

MASS & ASSEMBLY TIMETABLE

WEEK BEGINNING	MASS Friday 11.30am	ASSEMBLY Friday 2.40pm
8: 18.3.19	6TS	Year 4
9:25.3.19	Staff	Year 5
10:1.4.19		

Reconciliation Family Evening

Tuesday 26th March, 2019. Invitations have been sent home with Year 3 students. Please come along with your year 3 child for a short meeting to begin the preparation for the Sacrament of Reconciliation. 7pm in the MPR.

Liturgical Calendar

Third Sunday of Lent - Year C, Luke 13:1-9
Unless you repent you will all perish as they did.

Social Justice News

Project Compassion fundraising is exceeding all expectations through the amazing generosity of SJB. Last week, the Year 5 & 6 team raised \$418.35 enough to train a midwife to safely deliver babies in the Safe Motherhood program in Bangladesh.

Special thanks to the Year 3 and 4 parents and students who kindly donated food for our stall this week which raised \$380.85.

Next week (27th March) the Year One and Two classes will be supplying food for our stall and a note will be sent home today with further details.

Year Prep will follow in the last week of term (3rd April). If you would like to make online donations to Project Compassion please follow this link: <https://lent.caritas.org.au/stjohnboscosniddrie>



Helen Lannin, REL and Kate Cooney, REL Assistant

ST JOHN BOSCO'S PARISH PICNIC

The parish is organising a picnic at Brimbank Park on Sunday the 5th of May at 12noon. It would be lovely to see members of our community connect with each other in a friendly and relaxed manner, so please mark this important day in your diary.

We're also looking for volunteers to help out on the day as well as organise games for adults and children. Please contact the Presbytery on 9337 994, if you're able to assist. BYO food and drinks.

SCHOOL PARENT LIASION

Once again, another great response from the parent community in wanting to attend the information evening run by the Federal Police ThinkUknow.org.au on managing, supervising and understanding the use of electronic devices at home on Tuesday 2nd April.

This is an important session to attend especially if your child is in Yr 5 or 6 and has access to the internet, has any form of social media or plays on gaming devices against other unknown players. If you have not filled out the attendance form please do so ASAP.

Have a great, safe and happy weekend, Marc Guzzardi

ENGLISH NEWS

Reading Eggs

Our SJB Reading Eggs subscription will end March 31st, 2018. Whilst this digital tool has been utilised to some degree, it has not had the intended amount of use over the past year for all students. Therefore, we will be offering the Reading Eggs program to the Prep year level only in 2019. At the end of 2018 a survey was sent to all families using Reading Eggs - the school received 20 responses from a possible 180 participants. Thank you to those families who provided feedback. At this point in time we have decided to make Reading Eggs an option for families who would like to continue using the Reading Eggs program. The school will no longer offer it as a school/home based program apart from the prep year. If you are interested in continuing to use the program at home please go to the following link: <https://readingeggs.com.au/pricing/>

WELL-BEING NEWS

It's been another fantastic week at SJB. We are very proud of our SRC students who have helped plan **Harmony Day** activities today. All classes have had the chance to focus on the diversity of their class and created a chain, which will help form a school chain, to remind them that despite our differences everyone belongs.

The **Walking School Bus** welcomes the new members, especially our new parent volunteer Sian D'Cruz mother to Carlson in Prep. The WSB sadly says goodbye to Kellie Giampiccolo who has been a parent volunteer for a number of years. Thank you for your guidance and support Kellie!

We welcome the dental van to SJB next week; we have over 70 children who will be visiting the van for check up! The van will be staying on SJB grounds during the week, please make sure we keep a safe distance from the van when playing.

A reminder to keep the date free for our **Cyber Safety Parent Information night on Tuesday 2nd April 7pm.**

This week we have attached an article from Parent Ideas by Michael Grose that may help you respond to your child if they have been impacted by the shooting in New Zealand last week. While most children will just process it as an awful event, some, especially those who have experienced trauma themselves could be quite hypersensitive to the information coming up on the news, radio, social media or overheard adult conversations about the shootings.

The article reminds us to:

- be available to listen to our children
- filter the news where possible
- with older children help children process what they see on the news
- manage emotions raised - let them know you understand how they are feeling
- moderate language - try to avoid extreme language
- keep routines normal
- show them how to change the world - this could be demonstrated in our prayers - of kindness, helping others, compassion

Have you noticed our **SJB Tree** outside Mr Monaghan's office changing lately? Over the next couple of weeks you will begin to see great examples of students using our SJB dispositions by being problem solvers, inquisitive, collaborative, self-managing, resilient and reflective. Keep an eye out next week as we begin to share information on individual dispositions weekly.

Seasons Program 2019 – Peer Support Grief and Loss

Next term Naomi and I will be starting our Seasons groups. The Seasons program is a peer support group for children who have experienced grief and loss in their lives and wish to work through their feelings and ask those commonly asked questions about their experience. Common reasons for participating in the program include the death of a loved one, family separation or divorce.

The group will meet for 10 sessions, each of which will be facilitated by either myself or Naomi. Students are supported throughout the program by us and their peers as they share their stories, ask questions and listen to each other. If you think this program would suit your child/children we invite you to send an email to sazzopardi@sjbniddrie.catholic.edu.au

Once we have finalised our numbers we will contact you with details of when the group will meet each week.

We hope you have a lovely weekend,
Sommer Azzopardi & Naomi Scott, Wellbeing Team

CROSS COUNTRY

The cross country team is open to all students from Grades 4 to 6. It is an Interschool event with the carnival day being held on 21st May. Cross country training will begin next Tuesday 26th of March at 8.20am at school and continue on Tuesday and Friday for the remainder of this term. As of term 2, training will be held on Tuesday, Wednesday's and Friday mornings at 8.20am. Children are reminded to bring their runners to change into for training.

Thanks Libby



GOOD FRIDAY APPEAL

Each year the Royal Children's Hospital holds the 'Good Friday Appeal'. Look out for our Year 6 students rattling tins for the Good Friday Appeal!! This is a great opportunity to make donations that will benefit the hospital!

Andrew Cimino, Max Seddon, Ryan Ganci, Miguel Velez

P&F NEWS

Thanks to all who attended the P & F meeting last night. It was an enjoyable get together and a very productive evening.

Next meeting date TBA. Please note meetings will be held on Tuesday evenings.

SJB ANNUAL TRIVIA NIGHT

It's only one week to go to the SJB night of nights - the annual trivia event! Here is a rundown of what will be on offer on the evening:

The winning trivia table will receive 2 movie tickets and a bottle of wine each

Over \$9000 in prizes to be auctioned including:

- 2019 signed AFL Essendon jumper
- A day go-carting for up to 20 people at Auscarts
- 2 nights accommodation at Treetops in Anglesea for up to 8 people
- 12 month membership to Yoga Flame
- 4 x tickets to Marvel Stadium in the Medallion Club- Essendon vs Hawthorn
- 4 x tickets to wine and dine in the Committee Room at Moonee Valley Racing Club
- A family portrait taken by Rebecca Camera
- A 3 month membership at Fernwood fitness
- Essendon football signed by whole team
- Richmond jersey signed by Trent Cotchin and Dustin Martin)

Over 50 \$20 lucky envelopes with prizes valued from \$25 to \$200

A RAFFLE :

- 1st prize a night at Peppers Hepburn Springs
- 2nd prize - \$100 meal voucher at Mr McCracken Hyatt Place Essendon Fields
- 3rd prize - \$100 fruit basket

Ferguson Plarre has donated sweet treats for each table for a gold coin donation.

What you need to bring:

- Your brains switched on!
- Lots of gold coins and some cash.
- Eftpos cards for larger purchases
- A sense of humour
- Your beverages and nibbles

Tomorrow is the last day to register your table and pay (however we will accept on Monday if you need a little more time!) Tables are limited so make sure you don't miss out! Looking forward to a massive night of fun and fundraising.
P and F Committee

**Family Science Night
'Chemistry Carnival'
Tuesday 21st May
Mark it on your calendar!
More details will follow**



Icy Pole Thursday!

These popular, little fundraising Icy Poles will be on sale again TODAY straight after the school bell goes at 3:30pm. Sellers will be located at the table near the yellow slide with eskies full of icy poles for just 50 cents each.



SJB P&F COMMITTEE PRESENTS
TRIVIA NIGHT
Friday March 29
@SJB Multipurpose Room
Doors open @ 7pm
\$25 per person
Maximum 10 brainiacs per table
Complimentary drink on arrival & entry into the Major Prize draw
BYO Food and Beverages
All welcome
BOOKINGS AND ENQUIRIES:
0408 699 969

*Lots of :
+Laughs
+Prizes
+Raffles
+Games
+Auctions
+Buy a Balloon
and of course a lot of TRIVIA!*

PostedMyWall.com

PLEASE NOTE THE CHANGE OF DATE GRADE 6 PARENT TEACHER DINNER

Where- RSL Hoffmans Road, Essendon
When- Thursday 2nd May @ 6.30pm

EVERYONE WELCOME!

RSVP to hcatterall72@hotmail.com

By Friday 26th April

Katherine Cimino & Helen Catterall
Year 6 Parent Reps

Thanking you,

Peter Monaghan
Principal

insights



Responding constructively to the Christchurch shooting

by Michael Grose

Last Friday's shooting of innocent people in two Christchurch mosques is an event that has shaken people to the core worldwide.

While we'd like to protect our children from such events, in reality it's impossible, as the news coverage is so widespread and the event itself has impacted so many people. The personal nature of this particular tragedy makes it even harder to stomach than some recent natural disasters that have made the news, as awful as they have been.

So how do you approach this with your children? There is no easy answer, but be assured that your child will benefit from talking to you. These ideas may help:

Be available

Let your child or young person know that it is okay to talk about the events in Christchurch. Listen to what they think and feel. By listening, you can find out if they have misunderstandings, and you can learn more about the support that they need. You do not need to explain more than they are ready to hear, but be willing to answer their questions.

Filter the news

While we don't advocate censorship, we do suggest that you take particular care about your child's exposure to news events. The consistency of images can be frightening for young children who don't understand the notion of distance and have difficulty distinguishing between reality and fiction. Older children and teenagers will probably be interested in the news events, but they probably need an adult available to answer their questions and reassure them.

Engage in the news with older children

Many issues are now arising from this event that may be of significant interest to older primary-aged children and teenagers. Be prepared to engage in discussions about political leadership, gun laws, the coverage of the event itself by the media and other issues that will emerge. Increasingly, young people are demonstrating that they want to have a voice in shaping the world they live in. Give them a chance to air their concerns and formulate their ideas in the safe confines of home.

Manage emotions raised

The Christchurch tragedy may raise many emotions for children and young people including sadness over the loss

of life, confusion over how such an event could happen, and outrage over injustice. Take your cues from your children and follow the threads that emerge. Demonstrate that you understand how that they may be upset and clarify their emotions if possible: "It's understandable to be angry when you hear news like this."

Moderate your language

Currently, we live in very divisive times. The fact that this shooting was carried out on one particular group demonstrates just the extent of the divisiveness of our community. Encourage kids to be inclusive, steering clear of valued-laden, extreme language such as 'terrorists', 'evil' and 'horrors' when describing the events and the alleged perpetrators. Not only does this type of language encourage children and young people to take a position rather than focus on the problems, it risks desensitising them to the reality of the impact of this event. The use of more sedate, yet descriptive language such as 'gunman', 'awful' and 'tragedy' can take remove the emotional sting, while demonstrating the enormity of the event's impact.

Keep to a normal routine

Your child may feel powerless. You may feel the same way as that's what events like the Christchurch shooting does to us. Maintaining the same sleeping, eating and daily routines can help to restore a sense of control over our daily lives.

Show them how to change the world

Arguably, these are the worst of times in terms of social divisiveness. Our children in many ways are letting us know that they don't want to continue living this way. So how can they have an impact? Recently a timely clue came my way in the form of a notification from Facebook. Over the weekend, a parent shared an existing message to her Muslim friends as a message of hope. The quote reads:

"Don't become too pre-occupied with your child's academic ability, but instead teach them to sit with those sitting alone. Teach them to be kind. Teach them to offer help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. Teach them to look for the good. This is how they will change the world."

We get that power back when we start to impact the people around us in small ways, making positive changes for the better.

'Kindness', 'helping others', 'encouraging', 'sharing' and similar concepts don't make great political slogans but they form the basis of every strong community- which is precisely what kids need.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

TUCKSHOP ROSTER: TERM 1 2019			
	11am-2:30pm	10am-12pm	12:30pm-2:30pm
Fri 22nd Mar	Melissa Ryan	Karen Healy	Michelle Favero Angie Czaja
Tues 26th Mar	Gabby Benton	Katherine Cimino	Therese Garth Debra Buckley
Fri 29th Mar	Nicole Arthurson	Therese Patton	Rosemary Morias Sam Delaney
Tues 2nd Apr	Jan Federico	Mary Pantelleresco	Susanne Speranza Joanne Saad
Thu 4th Apr	HOT DOG DAY		

TUCKSHOP ROSTER: TERM 2 2019			
	11am-2:30pm	10am-12pm	12:30pm-2:30pm
Tuesday 23rd April		Liz Wallis	Lina Cutri Chelsea Fitzpatrick
Friday 26th April	Narelle Somerville	Joanne Mosca	Clare Hogan Silvana Loschiavo
Tuesday 30th April		Michelle Tankard	Gaetana Jessen Joanne Saad
Friday 3rd May	Sonia Andersen	Michelle Mlikota	Nicole Arthurson Kirsty Prosser
Tuesday 7th May		Mary Pantelleresco	Belinda McGregor Susanne Speranza
Friday 10th May	Sophie Witt	Lynda Rizzetti	Lisa Duray Sharon Ramsay
Tuesday 14th May		Tracey Teague	Simone Callegari Kelli Giampiccolo
Friday 17th May	Sonia Medawar	Joanne Caddeo	Janet Mastropasqua Maria Caramia
Tuesday 21st May		Joely Curwood	Katherine D'Arcangelo Linda Patronias
Friday 24th May	Megan Lucas	Margaret Conroy	Helene Sexton Karen Fitzpatrick
Tuesday 28 May		Rebecca Ryan	Rosanna Ramondetta Liliana Najdovski
Friday 31st May	Helen Catterall	Karen Healy	Michelle Favero Angie Czaja
Tuesday 4th June		Sonia Scarpaci	Daniella Polimenakos Virginia DeNittis
Friday 7th June	Sue Chivilo	Therese Patton	Andrea Hill Evelyn Pappas
Tuesday 11th June		Roxie Riley	Roslyn Scalise Kathy DeBono
Friday 14th June	Eloise Romeo	Silvana Loschiavo	Vanessa Lo Giusto Nella Duvnjak
Tuesday 18th June		Katherine Cimino	Carmen Guardo Bridges Gabby Benton
Friday 21st June	Melissa Ryan	Mary Pantelleresco	Rosemary Marais Natalie Khoury
Tuesday 25th June		Liz Wallis	Debra Buckley Jane Federico
Thursday 27th June	HOT DOG DAY		



Essendon Stars Auskick Centre
Starting 9am Sunday 28 April 2019
Buckley Park (Cooper Street, Essendon)
REGISTER NOW - play.afl/auskick or contact Grant (0477 477 375)

JOIN OUR APRIL MULTI-SPORT HOLIDAY CAMPS



OUR MULTI-SPORT HOLIDAY CAMPS
ARE DESIGNED FOR PRIMARY SCHOOL
AGED CHILDREN (5-12YO)!

We cover a mix of Soccer, Cricket, AFL,
Basketball, Volleyball & Ultimate Frisbee.

- ✓ **TIME: 9.00AM - 3.30PM**
- ✓ **CERTIFIED COACHES**
- ✓ **ONSITE FIRST AID**
- ✓ **ALL STAFF HAVE CURRENT
WORKING WITH CHILDREN CHECK**
- ✓ **GREAT COACH TO CHILD RATIO**
- ✓ **AN INCLUSIVE SPORTS CAMP FOR
CHILDREN AT ALL SKILL LEVELS**
- ✓ **1 OR 2 DAY OPTIONS**

BURWOOD - St Benedict's Primary School
Mon 08th & Tues 09th April 2019

LOWER PLENTY - Lower Plenty Primary School
Mon 08th & Tues 09th April 2019

HOPPERS CROSSING - Hoppers Indoor Sportz
Tues 09th & Wed 10th April 2019

STRATHMORE HEIGHTS - Boeing Reserve
Wed 10th April 2019

BORONIA - Boronia West Primary School
Thurs 11th & Fri 12th April 2019

SOUTH MORANG - Morang South Primary School
Thurs 11th & Fri 12th April 2019

GLEN WAVERLEY - St Leonards Primary School
Tues 16th & Wed 17th April 2019



REGISTER NOW at boostsport.com.au or phone 1300 970 896



MyTime

*Supporting parents of
children with disabilities*



Time: 10.00am – 12.00pm

Location: RCH Early Childhood
Intervention Services – 56
Chapman Street North
Melbourne

Session Dates for Term 1 2019:

Tuesday Feb 12 - Welcome back!

Tuesday Feb 19 - Helping our children make (and maintain) friendships.

Tuesday Feb 26 - Visuals – their role; our creation! Bring your laminator, or borrow ours!

Tuesday March 5 - Coffee and chat

Tuesday March 12 - Nature stroll, coffee, and cake (The Boat House)

Tuesday March 19 - Planning ahead for the school holidays – exchanging ideas for activities etc

Tuesday March 26 – NDIS update with ACD's Gina McAdam

Tuesday April 2 - Pamper day!

Please bring a snack and drink for your children.

Facilitator: *Deirdre Bignell (0490 076 295 or dbignell@playgroup.org.au)*

MyTime is funded by the Australian Government Department of Social Services, and nationally coordinated by the Parenting Research Centre.



MyTime groups provide support for mothers, fathers, grandparents and anyone caring for a child with a disability or chronic medical condition.

It's a place for you to unwind and talk about your experiences. It's a world away from appointments and therapy.

It's support for you.

MyTime groups are run by a facilitator and a play helper (someone who is there to keep your children active and occupied so you can chat with other parents and carers).

Please join us for a cuppa and a chat – new members always welcome!